

West County Aikido Kyu Rank Exams (Children)

Techniques and Requirements

RANK DAYS

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**10th Kyu
30 days*
(yellow)**

Katate Kosadori Iriminage (20-year technique)
Katatetori Tenkan Kokyunage
Katatetori Sumiotoshi (Omote & Ura)
Katatetori Zemponage (Omote & Ura)
Kokyu Ho (Kokyu Dosa)
Ukemi (Mae and Ushiro)
Unbendable arm
Unliftable/Unmovable body
Ki-ai from hara (one-point/center)

The requirements above plus

**9th Kyu
30 days*
(orange)**

Ushiro Tekubitori Kokyunage (Bunny ears)
Munetsuki Kotegaishi

The requirements above plus

**8th Kyu
40 Days*
(orange)**

Yokomenuchi Kokyunage
Shomenuchi Kotegaishi
Ushiro Katadori Kokyunage (B29 technique)

The requirements above plus

**7th Kyu
50 Days*
(blue)**

Shomenuchi Iriminage
Ryotetori Tenchinage (Omote & Ura)
Katadori Ikkyo (Omote & Ura)

The requirements above plus

**6th Kyu
60 Days*
(blue)**

Munetori Kokyunage (Mr. Moto's technique)
Katadori Ikkyo (Omote & Ura)
Katatetori Shihonage (Omote & Ura)

* Minimum number of training/practice days required since last exam. Having the required number of days does not mean you are ready to test. Testing will be by recommendation of the dojo instructors and the permission of the dojo chief sensei.

(Omote = Irimi, Ura = Tenkan)